



STALWARTS OF DERMATOLOGY CONGRESS 2021

The Taj, Sector-17, Chandigarh

SCIENTIFIC PROGRAMME

DAY 1

Saturday, 16th October

9:00AM TO 9:30AM **Welcome Address**



Dr. Aklish Jain



Dr. Sahil Mrigpuri



Dr. Rashmi Sarkar



Dr. Madhuri Agarwal

9:30AM - 11:30AM **Fundamental nuts and bolts of Botulinum Toxin:**

CHAIRPERSON

Dr. Sanjeev Handa

Dr. Sendhil Kumaran

Dr. Vikram Mahajan

9:30am
- 9:50am



Analysis of ageing Indian face

Dr. Murlidhar Rajagopalan

9:50am
- 10:10am



Basic Botulinum Toxin Indications and what results to expect?

Dr. Viral Desai

10:10am
- 10:30am

PANEL DISCUSSION:

Botulinum Toxin complications and tips and tricks to avoid them

Moderator



Dr. Neeraj Pandey

Panelists



Dr. Sejal Shah



Dr. Sadhana Deshmukh



Dr. Debjit Kar



Dr. Anju Methil

10:30am
- 11:30am

HANDS-ON SESSION:

BASIC Botulinum TOXIN

11:30AM - 11:45AM **Tea Break**

11:45AM TO 1:45PM Basics of dermal filler for modern aesthetic practice

CHAIRPERSON

Dr. Davinder Parsad

Dr. Dipankar De

Dr. G R Tegta

**11:45am
- 12:05pm**



Science and background for dermal fillers

Dr. Maya Vedyamurthy

**12:05pm
- 12:25pm**



Know your dermal fillers: indications and techniques

Dr. Malavika Kohli

**12:25pm
- 12:45pm**



Prevent and manage the complications of dermal fillers

Dr. Nitin Sethi

**12:45pm
- 1:45pm**

**HANDS-ON SESSION:
BASIC FILLERS**

1:45PM - 2:15PM Lunch

2:15PM - 4:15PM Learning the essence of LASERS as a bedrock for aesthetic practice

CHAIRPERSON

Dr. Rahul Mahajan

Dr. Shikha Sharma

Dr. K S Mehta

**2:15pm
- 2:25pm**



What's new in diode devices, dual, tripple wavelength and much more

Dr. Sharad Mutalik

**2:25pm
- 2:35pm**



LASER toning and carbon peels

Dr. Jagdish Sakhiya

**2:35pm
- 2:45pm**



Optimising results in acne scars with CO2 and MNRF

Dr. Rohit Batra

**2:45pm
- 3:15pm**

**PANEL DISCUSSION:
The Commercial craft of LASER practice**

Moderator(s)



Dr. Anil Ganjoo



Dr. Swapnil Shah



Dr. Sachin Dhawan



Dr. Sumit Gupta

Panelists



Dr. Sahil Mrigpuri



Dr. Sharad Mutalik



Dr. Jagdish Sakhiya



Dr. Govind S Mittal

**3:15pm
- 4:15pm**

**HANDS-ON SESSION:
LASERS**

4:15AM TO 6:15PM Peels and PRP what's new and what's true

CHAIRPERSON

Dr. G K Verma

Dr. S Walia

Dr. Vivek Malhota

Dr. Sumir Kumar



Patient selection in Indian Skin for Acne and Melasma

Dr. Rashmi Sarkar



Peels for anti-ageing and rejuvenation

Dr. Nina Madnani

**4:15pm
- 5:15pm**



Definition and types of PRP

Dr. Manish Gautam



Anaesthesia and delivery methods

Dr. Sukesh MS



Partial efficacy, inadequacy and complications of PRP therapy

Dr. Suruchi Garg

**5:15pm
- 6:15pm**

**HANDS-ON SESSION:
PEELS & PRP**



DAY 2

Sunday, 17th October

7:45am
- 9:00am



Quiz Master
Dr. Ishad Aggarwal

9:00AM - 11:00AM To Adept and master the art of advanced botulinum toxin

CHAIRPERSON

Dr. S D Mehta Dr. Rakesh Bharti Dr. Maleeka Sachdeva

9:00am
- 9:20am



Botulinum Toxin for lower face and platysma
Dr. Padmavathi S

9:20am
- 9:40am



Management of PP and axillary hyperhidrosis
Dr. Abhishek De

9:40am
- 10:00am

PANEL DISCUSSION:
Tying the loose ends in advanced botulinum toxin

Moderator(s)



Dr. Amit Luthra Dr. Anurag Tiwari

Panelists



Dr. Udhay Preet Sidhu Dr. Sudha Dr. Ginni Chhabria Dr. Anuj Pall

10:00am
- 11:00am

HANDS-ON SESSION:
ADVANCED Botulinum TOXIN

11:00AM - 11:15AM Tea Break

11:15AM - 1:15PM Algorithm for advanced dermal fillers

CHAIRPERSON

Dr. Dimple Chopra Dr. Jasleen Kaur Dr. G P Thami

11:15am
- 11:35am



Techniques of injections for jawline refinement
Dr. Rajat Gupta

11:35am
- 11:55am



Fillers for nose and temples
Dr. Madhuri Agarwal

11:55am
- 12:15pm



Skin boosters
Dr Priti Shenai

12:15am
- 1:15pm

HANDS-ON SESSION:
ADVANCED FILLERS

1:15PM - 1:45PM Lunch

1:45PM - 3:15PM **Creating hair with pigment through Microblading**

CHAIRPERSON

Dr. B K Brar

Dr. B B Mahajan

Dr. Mala Bhalla

1:45pm
- 2:15pm



Designing the eyebrows
Types of strokes and colour theory
Equipment and techniques
Dr. Monica Bambro

2:15pm
- 3:15pm

HANDS-ON SESSION:
MICROBLADING

3:15PM - 4:45PM **Mastering the art of threads**

CHAIRPERSON

Dr. Vinay Keshavmurthy

Dr. Anuradha Bishnoi

Dr. Gurjinder Singh

3:15pm
- 3:45pm



Live Demonstration of PDO Threads
Dr. Meera James

3:45pm
- 4:45pm

HANDS-ON SESSION:
THREADS

4:45PM TO 5:30PM **Award Paper Session**

JUDGES

Dr. Sanjeev Handa

Dr. Davinder Parsad

Dr. Sunil Dogra

Dr. K S Mehta

Dr. G.K. Verma

Vote of Thanks: Dr. Sahil Mrigpuri