



STALWARTS OF DERMATOLOGY CONGRESS 2021

The Taj, Sector-17, Chandigarh

SCIENTIFIC PROGRAMME

DAY 1

Saturday, 16th October

8:45AM TO 9:10AM **Welcome Address**



Dr. Aklish Jain



Dr. Sahil Mrigpuri



Dr. Rashmi Sarkar



Dr. Madhuri Agarwal

9:10AM - 10:50AM **Fundamental nuts and bolts of Botulinum toxin:**

CHAIRPERSON

Dr. Vikram Mahajan

Dr. Vijay Bakaya

Dr. Gurinderjit Singh

Dr. Maleeka Sachdeva

9:10am
- 9:30am



Basic Botulinum toxin Indications and what results to expect?

Dr. Viral Desai

9:30am
- 9:50am

PANEL DISCUSSION:

Botulinum toxin complications and tips and tricks to avoid them

Moderator



Dr. Neeraj Pandey



Dr. Anuj Pall



Dr. Sejal Shah



Dr. Sadhana Deshmukh



Dr. Debjit Kar



Dr. Anju Methil

9:50am
- 9:55am

Dermatologist of the Year Award

9:55am
- 10:50am

HANDS-ON SESSION:

BASIC BOTULINUM TOXIN

10:50AM - 11:05AM **Tea Break**

11:05AM TO 1:45PM Basics of dermal filler for modern aesthetic practice

CHAIRPERSON

Dr. G R Tegta

Dr. Tarun Mittal

Dr. Sendhil Kumaran

**11:05am
- 11:25am**



Science and background for dermal fillers

Dr. Maya Vedamurthy

**11:25am
- 11:45am**



Prevent and manage the complications of dermal fillers

Dr. Nitin Sethi

**11:45am
- 12:45pm**

Galderma Sponsored Session



Personalization excellence with restylane

Dr. Malavika Kohli

**12:45pm
- 1:45pm**

**HANDS-ON SESSION:
BASIC FILLERS**

1:45PM - 2:15PM Lunch

2:15PM - 5:30PM Learning the essence of LASERS as a bedrock for aesthetic practice

CHAIRPERSON

Dr. Shikha Sharma

Dr. K S Mehta

Dr. Vineet Relhan

**2:15pm
- 2:25pm**



What's new in diode devices, dual, tripple wavelength and much more

Dr. Anil Ganjoo

**2:25pm
- 2:35pm**



LASER toning, carbon peels and much more with Q switch

Dr. Swapnil Shah

**2:35pm
- 2:45pm**



Evolution of treatment of acne scars from surgery to energy based devices

Dr. Sharad Mutalik

**2:45pm
- 2:55pm**



HIFU in modern practice

Dr. Neeraj Pandey

**2:55pm
- 3:05pm**



Expanding the horizon of body contouring beyond fat to the muscle.

Dr. Chiranjiv Chhabra

3:05pm
- 5:30pm

**HANDS-ON SESSION:
LASERS**

Moderator(s)



Dr. Anil Ganjoo



Dr. Anuj Pall



Dr. Madhuri Agarwal



Dr. Karthik Raja



Dr. Anurag Tiwari



Dr. Malavika Kohli

Panelists



Dr. Sahil Mrigpuri



Dr. Sharad Mutalik



Dr. Roma Pandhi



Dr. Chiranjiv Chhabra



Dr. Swapnil Shah



Dr. Govind S Mittal



Dr. Prashant Aggarwal



Dr. Neeraj Pandey

5:30PM TO 6:30PM Peels and PRP what's new and what's true

CHAIRPERSON

Dr. G K Verma

Dr. P. S. Walia

Dr. Vivek Malhotra

Dr. Sumir Kumar

5:30pm
- 5:40pm



**Spectra sponsored session:
Demystifying cocktail peels for pigmentation and acne
(cosmelan and acnemelan peels)**

Dr. Padmavathi S



Peels for anti-ageing and rejuvenation

Dr. Nina Madnani

5:40pm
- 6:10pm



Principle, types and preparation of PRP

Dr. Sukesh MS



Partial efficacy, inadequacy and complications of PRP therapy

Dr. Suruchi Garg

6:10pm
- 6:30pm

**HANDS-ON SESSION:
PEELS & PRP**



DAY 2

Sunday, 17th October

7:45am
- 9:00am



Quiz Master
Dr. Ishad Aggarwal



Quiz Master
Dr. Sukesh M S

9:00AM - 10:45AM Adept and master the art of advanced Botulinum toxin

CHAIRPERSON

Dr. S. D. Mehta

Dr. G. P. Thami

Dr. Rohit Bansal

9:00am
- 9:15am



Botulinum toxin for lower face and neck
Dr. Padmavathi S

9:15am
- 9:35am

PANEL DISCUSSION:
Tying the loose ends in advanced Botulinum toxin

Moderator



Dr. Anurag Tiwari



Dr. Udhay Preet Sidhu



Dr. Sudha Vani



Dr. Madhuri Agarwal



Dr. Ginni Chhabria



Dr. Sachin Dhawan



Dr. Amit Luthra

9:35am
- 9:45am

Lifetime Achievement Award

9:45am
- 10:45am

HANDS-ON SESSION:
ADVANCED BOTULINUM TOXIN

10:45AM - 11:00AM Tea Break

11:00AM - 1:15PM Algorithm for advanced dermal fillers

CHAIRPERSON

Dr. Dimple Chopra

Dr. Jasleen Kaur

Dr. Tejinder Kaur

11:00am
- 11:15am



Techniques of injections for jawline refinement
Dr. Anju Methil

11:15am
- 11:30am



Fillers for forehead, temples and nose
Dr. Amit Luthra

11:30am
- 11:45pm



Skin boosters and biomodulators
Dr Priti Shenai

11:45am
- 12:45pm

HANDS-ON SESSION:
ADVANCED FILLERS

12:45pm
- 1:15pm

InMode Sponsored Session - A new era of facial aesthetics:

Extended application of fractional RF beyond dermis



Dr. Nitin Sethi

360° approach to non-invasive body contouring



Dr. Asra Hussain Khumushi

1:15PM - 1:45PM **Lunch**

1:45PM - 3:15PM Creating hair with pigment through Microblading

CHAIRPERSON

Dr. S K Brar

Dr. B B Mahajan

Dr. Mala Bhalla

Dr. Tarun Narang

**Designing the eyebrows | Types of strokes and colour theory
Equipment and techniques**

1:45pm
- 2:15pm



Dr. Monica Bambroo



Dr. Umesh Bilewar

2:15pm
- 3:15pm

**HANDS-ON SESSION:
MICROBLADING**

3:15PM - 4:45PM Mastering the art of threads

CHAIRPERSON

Dr. Vinay Keshavmurthy

Dr. Anuradha Bishnoi

Dr. Gurinderjit Singh

Live Demonstration of PDO COG threads

3:15pm
- 3:45pm



Dr. Meera James

3:45pm
- 4:45pm

**HANDS-ON SESSION:
THREADS**

4:45PM TO 5:30PM Award Paper Session

JUDGES

Dr. Sunil Dogra

Dr. K S Mehta

Dr. G.K. Verma

Vote of Thanks: Dr. Sahil Mrigpuri